



# St. Vincent de Paul Parish

May 30, 2021  
The Most Holy Trinity

## Life In Our Community

*Children's Faith Formation:* Resumes in the fall. Contact Mary Moomey for information.

*Praise & Worship:* See page 2 for organized prayer at this time.

*Food Pantry:* Call the office Mon. or Wed. between 10am & noon to set Friday appointment. Food donations may be left in our church.

*K of C:* Normally 2nd Wed. of month. 7:30pm

*Bulletin by Mail or email list:* call our office.

*Televised Mass:* Cable channel 187 on Sun. at 2pm., Cable channel 191 on Wed. 11am & 4pm, Fri. 9am & Sat. 10:50am.

*Adult Faith Formation:* Opportunities will be announced.

*Bulletin Deadline:* Wed. at 10:00am

*Parish Hall Rental Bookings:*  
St. Patrick: Call Betty, 989-463-2503  
St. Vincent: Call the parish office

## Sacramental Information

*Baptism of an infant:*  
Contact the parish office.

*Adult Baptism/Confirmation (RCIA):*  
Classes tentatively begin this fall. Call the parish to be on the class list.

*Elementary Sacramental Preparation:*  
Call Mary Moomey in our parish office for more information.

*Reconciliation:* Individual reconciliations prior to Masses.

*Marriage:* Contact parish office no less than six months prior to wedding date.

*Sacrament of Anointing of Sick:* Please contact us before a surgery, during hospitalization or if experiencing a change in health.

*Hospitalized/Homebound Ministry:* Please call the office to arrange for Eucharist or for a pastoral visit.

*Funerals:* Please contact us before or after contacting the funeral home.

**Weekend Mass**  
**Sunday 10:00am (Livestreamed)**  
**Saturday 4:30pm**  
*(Mask & Social Distancing Required)*

168 E. Wright Avenue  
Shepherd, MI 48883

Phone: 989-828-5720  
FAX: 989-828-4652

[stvincentdp.com](http://stvincentdp.com)

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Steven Gall  
Director of Maintenance



<https://www.facebook.com/stvincentdepaulparish/live>



<https://www.youtube.com/c/StVincentdpPaulParishShepherdMI>

## WELCOME!

No matter what your present status in the Catholic Church; No matter what your current family or marital situation; No matter what your past or present religious affiliation; No matter what your personal history, age, background, race or color; No matter what your self-image or esteem; You are invited, welcomed, accepted, loved, and respected at St. Vincent de Paul Parish.



St. Patrick, Irishtown  
7631 W. North Gratiot Co. Line  
Church for Occasional Use



St. Vincent de Paul, Shepherd  
168 E. Wright Ave.  
Parish Church

**MAY 30, 2021**

**Parish Mission Statement:** St. Vincent de Paul Parish is a Christian community dedicated to proclaiming the Gospel of Jesus Christ as taught by the Roman Catholic Church through word, sacrament, and service.

**Parish Vision Statement:** St. Vincent de Paul Parish is called by its Lord and Savior Jesus Christ to serve his people through living the message of the Gospel, giving service to the poor, comforting the suffering, and providing strength through the Sacraments of the Roman Catholic Church. We strive always to meet the needs of the broader community through a variety of ministries which reach out through our parish family to those with whom we live, work, and play. As disciples of Jesus Christ we seek to establish and maintain a lifelong and vital relationship with him so as to grow each day in knowing, loving, and serving the Lord and one another.

**Parish Pastoral Council**

Beverly Kalmar Nancy Scovill  
Jackie Loomis Craig Shanteau  
Don Moeggenberg Timothy Sieracki  
Judy Moldenhauer David Spindler  
Tom Moomey Kaylie Willoughby

**Finance Council**

Liz Bacon  
Bill Daniels  
Doug Dodge  
Zachary Lobsinger  
Tish Mallory  
Bob Wachowski

**Parish Office Hours:** Monday through Thursday. Please call to schedule an appointment, 828-5720.

**Community Prayer**

**Monday, May 31** (Parish offices closed today)

Visitation of the Blessed Virgin Mary  
Zep 3:14-18a or Rom 12:9-16 / Lk 1:39-56

**Tuesday, June 1**

Tb 2:9-14 / Mk 12:13-17

**Wednesday, June 2**

Tb 3:1-11a, 16-17a / Mk 12:18-27  
St. Vincent: 10:00am Mass *Live & Livestreamed*

**Thursday, June 3**

Tb 6:10-11; 7:1bcde, 9-17; 8:4-9a / Mk 12:28-34  
St. Vincent: 10:00am Morning Prayer  
St. Vincent: Bible Study follows Morning Prayer  
See Mary Moomey

**Friday, June 4**

Tb 11:5-17 / Mk 12:35-37

**Saturday, June 5**

Tb 12:1, 5-15, 20 / Mk 12:38-44  
St. Vincent: 4:30pm Mass

**Sunday, June 6**

The Most Holy Body & Blood of Christ  
Ex 24:3-8 / Heb 9:11-15 / Mk 14:12-16, 22-26  
St Vincent: 10:00am Mass *Live & Livestreamed*

**Please hold in Prayer:**

Dorothy Huber, Mary Lou Willoughby, Joe Kelso, Ed Filhart, Jacob Moeggenborg, Evelyn Burtovoy, Joshua Lukens, Sr. Marie Kopin, Fr. Joe Fix, Janice Blanchard, Al Dickman, Richard Bernard, Pansy Thaller, Betty Langlois, Nancy McClintic Hopson, Rosie Kenny, Randy Apple, Bob Dell, Cathy, Ella Kenny, Mike Ley, Mary Ann Slack, Larry Noyes, Jim Platt, Frank Lapinski, Tom Krafft, Delores Miller, Kinsley & the Binkowski Family, nursing home residents, essential workers, and the sick and homebound.

**Blood Drive Results**

The Red Cross Drive held in our hall May 19 produced 28 units. Thanks to our donors! Thanks also to our Blood Drive helpers Elaine Brickner, Diane Courter, Pat Trudeau, and Steve Recker.

**Food Pantry Note:** Thanks to all who continue to donate to our Food Pantry, and also thanks to those who donated gift cards for pantry patrons. The cards were a bright spot in their lives!

**Food Pantry Needs:** Ketchup, mustard, noodles, cereal, Kleenex, toilet paper, cake mixes, cans of fruit, Hamburger Helper, & toothbrushes.

**Life in our Parish**

Last weekend we welcomed Henry William Smith to our community of faith through **Baptism**. Henry is the child of Carey and Kristin (Judge) Smith. Blessings and congratulations to all!

Four of our **First Communicants** will join us at table on June 6. Please hold in prayer Grace Bennett, Gage Mikek, Jasper Moeggenborg, and Lorelei Radtke. Riley Wiltse will join us at a later date.

**Petition to Protect No Taxpayer Abortion:** Sign the petition online at [NoTaxpayerAbortion.com](http://NoTaxpayerAbortion.com) For more information contact Lori Becker, 989-797-6652 or [lbecker@dioceseofsaginaw.com](mailto:lbecker@dioceseofsaginaw.com)

Stewardship	May 22 & 23, 2021	
Building Improvement	\$	3.00
St Leo Cemetery	\$	85.00
St Patrick Cemetery	\$	55.00
St. Vincent Cemetery	\$	10.00
St. Patrick Repair/Maintenance	\$	100.00
St. Patrick Utilities	\$	10.00
Food Pantry	\$	15.00
	<b>General Collection</b>	<b>Year to Date</b>
May 22 & 23	\$ 2,777.00	\$ 235,072.79
Weekly Budget	\$ 4,625.00	\$ 217,375.00

### Wasting Time with God: Christian Meditation

The last couple of weeks we have been talking about a very verbal form of prayer, the Liturgy of the Hours. Spoken or preferably sung in choir, this form of communal prayer combines the Psalms and other readings into beautiful ebb and flow of prayer life throughout the hours of the day and the church seasons.

Christian Meditation, particularly in the tradition of Fr. John Main, OSB, is the complete opposite, at least in terms of its verbosity. St. John Damascene said prayer was “the raising of one’s mind and heart to God...” If looked at in this way, Christian Meditation can be the getting the mind out of the way, so that our hearts lie open before God.

And how is this manner of prayer practiced? It follows three S’s: Silence, Stillness and Simplicity.

*Silence:* While there might be a spoken prayer at the beginning and/or end, the bulk of the prayer is non spoken. Even more so, it is not spent in thought in our minds, workings things out or “talking” with God. Silence outside and silence inside.

*Stillness:* This is a prayer of physical stillness. Stillness of the body leads to stillness of the mind. Sitting in a chair, with one’s back straight and feet firmly on the floor. Our hands should be gently folded in our laps, or laying on our thighs. This stillness helps us be aware that our bodies are sacred temples of the Holy Spirit.

*Simplicity:* No wordy or theologically complex prayers to memorize. The simplicity is found in the steady and continuous repetition of a prayer word or mantra. A great choice is the word “maranatha” which is Aramaic and translates as “Come Lord”. Repeated silently in our minds eye as 4 syllables, MA-RA-NA-THA.

This silence and stillness is done twice a day for generally a minimum of 20 minutes each. There is a story of a person replying to a monk “I don’t have time for 30 minutes of prayer, I have too many things to do.” The monk replies “You are right, make it an hour.” The thought is, the less free we think we are to spend time in prayer, the more likely we have greater need for it, and more of it.

Christian Meditation is incredibly simple and challenging at the same time. It allows us to lay our hearts bare before God and encounter him in the silence of our hearts.

For more information on Christian Meditation go to [www.wccm.org](http://www.wccm.org) or pick up the book Christian Meditation: Your Daily Practice by Laurence Freeman, OSB. (Deacon Todd has copies).

**Life in our Diocese:** Our diocese has a new priest! Fr. Kevin Wojciechowski was ordained May 14 by Bishop Gruss. Fr. Kevin encourages everyone discerning a vocation to have an intimate prayer life with Jesus. He says that if you enter the seminary with even the smallest inkling that God is calling you, you have nothing to lose. The priesthood was right for him, but he knows several young men who entered the seminary who later opted out as better men for it.

### MEMORIAL DAY SERVICES

Join us at our cemeteries on Monday, May 31, to honor those who proudly served us and our nation.

**St. Leo the Great, Winn -9:30am    St. Patrick, Irishtown-10:15am    St. Vincent de Paul-11:00am**

#### Parish Pastoral Council

Our parish has an opening on our parish Pastoral Council. Please fill out this nomination form and return it to the office or drop it in the collection basket. Nominate yourself or someone else you believe would be a good Council member. Council members must practicing Catholics and registered members of the parish, participants in parish worship life (in attendance at weekend Mass at St. Vincent de Paul Church), and at least 18 years of age.

I nominate \_\_\_\_\_ for Parish Pastoral Council.

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The Lux Family:  
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