

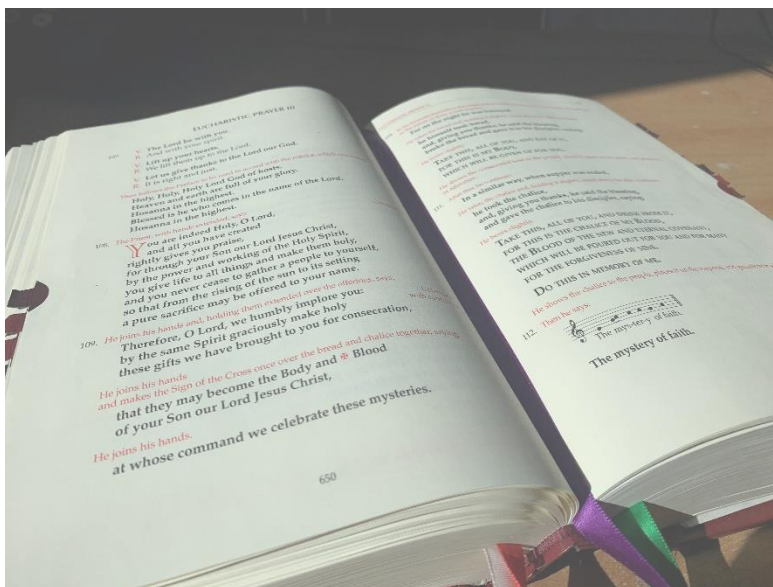
Lift Up Your Hearts to the Lord

An afternoon of reflection with the Eucharistic Prayer

The celebration of the Eucharist at Sunday Mass should be the high point of our week. Fed from the Table of the Lord with his Precious Body and Blood, we go forth into the week ahead, living as a part of the Body of Christ.

In the celebration of the Liturgy of the Eucharist, it is often easy to fall into the passive mindset that the Eucharistic Prayer belongs only to the priest. When this happens, we can forget the call of Vatican II to all the faithful for a “full, conscious, and active participation in liturgical celebration.”

This afternoon of reflection will examine not just the structure of the Mass but also dive into the Eucharistic Prayer, in its structure and its words. It is the hope that all who participate will more fully engage their hearts and minds in the Eucharistic Prayer at Mass every week and so fall more deeply in love with the Eucharist.



Where: St Vincent de Paul Parish

When: January 20, 2023

Time: 1:30 PM to 7:00 PM

Including Mass and Supper

Cost: Free

See sign-up sheets at the main entrance to the church.